



Mane Australia

There is no guaranteed cure for hair loss, but with Mane you can have instantly thicker, natural looking hair in seconds; without the need for expensive clinical treatments, drugs or painful transplant surgery.

FAQs

General Questions

What is Mane?

Mane is a micro-fine cosmetic powder for making fine or thinning hair look thicker. It instantly increases the apparent thickness and density of the hair, so creating a natural finish. Mane dramatically adds texture and volume to any kind of hair, Mane is the original and most effective product of its kind.

How do I use it?

Mane must be applied when the hair is clean and dry and should be sprayed through the hair roots. It is not necessary to over spray the hair lengths, after applying your hair will look fuller, often completely removing any noticeable bald or thinning areas.

I have very fine hair, can Mane help me?

Yes, although you may not have any noticeable hair loss, very fine hair can be substantially thickened with Mane hair spray.

How often should I wash my hair?

For best results you should shampoo your hair every one to two days to increase the effectiveness of the product and maintain clean, healthy hair.

How long should a can last?

This may vary from person to person depending on their requirements with an average of 120-150 applications per can of Mane Thickener.

Can you use other products with Mane?

Yes. Mane is all organic so you can use any products you like. It is recommended by doctors and is compatible for use with other hair loss medication and styling products.

When do you apply Mane if you use a styling gel or similar product?

The best way to use the Mane is to use it on clean hair.

1. Shampoo hair and dry completely.
2. Spray thickener across the base of the thinning hair until sufficient coverage is achieved.
3. Let the thickener dry, then apply the Mane Sealer and Control and let it dry again.

Now you can style your hair with any other product like styling gel, moose, wax etc. See [“Using Mane”](#) for full directions.

What does Mane Seal & Control do?

Mane Seal & Control has been specially formulated to be used after applying the Mane Hair Thickening Spray, to hold and seal the Thickener in place to give your hair that fuller natural look. It also protects Mane from rubbing off or running in the wet.

Can Mane be used to cover my white growing hair?

Yes, Mane is perfect to cover white hair, simply shake the can well and spray on to the white growing roots, (with scalp protection).

If I have brown hair with subtle blonde highlights, is Mane for me?

Yes, apply Mane (matching your roots colour) on to the roots of your thinning area and brush your hair with a wide comb, it will perfectly blend with your hair and will preserve your subtle highlights.

Common Concerns

Will Mane run in the wet?

Once Mane Hair Thickener is sealed with Mane Seal and Control, it is water, rain, wind and perspiration proof. We do recommend however, that wet hair is allowed to dry slightly before any rigorous towel drying takes place.

Will Mane rub-off on my hand or pillow?

Once it is sealed with Mane Seal and Control, Mane should not rub off within reasonable treatment. If you do notice Mane coming off at all, you are probably using too much Hair Thickener or not enough Seal and Control.

How do I wash Mane out?

Mane can be washed out using normal shampoo and warm water. Simply give your hair a thorough shampoo and rinse as normal. Once the hair is completely dry, the product can be re-applied.

Can Mane harm my scalp?

Mane will not harm your hair, scalp or impede normal hair growth. It is a non-allergenic product, the ingredients of which have been tested and used in many cosmetic and skin applications such as lipsticks and eye make-up. Mane has been widely used for over thirty years in the entertainment industry and by many thousands of the general public without any negative side effects.

Ordering Mane

How can I obtain your product?

Mane can be ordered online through this site. Simply click on "Buy Mane" and complete the online form.

How is my order processed and delivered?

Once your order is completed online, your payment will be processed. Once electronic payment is approved, your order will be dispatched, usually within 24 hours. All orders are dispatched via Express Post (next day delivery) and are sent in discreet packaging.

What if I have an issue with my order?

If you have any questions relating to an order, please email us at orders@maneaustralia.com and we will be in touch within 24 hours regarding your query.

Hair Loss Facts

Why do we lose our hair?

Hair has a lifespan of between 2 to 6 years. When hair eventually falls a new hair starts growing after the rest period of a few months. So it is quite normal for the hair to fall out every day. When this happens it does not mean that the hair lived and died, but rather that the hair fibre has done its programmed function and the root will get rid of it to start a new cycle. Hair Loss only becomes a problem when the new hair is not produced at the same rate as the lost hair. Because we have so many hairs on our scalp when this loss process starts we do not realise the effect of it until we start seeing the scalp.

Apart from the natural programmed shedding of hair there is also other reasons why Hair Loss can occur prematurely. One common reason is illness or disease or the treatment to cure these conditions. Then there is also accidental hair loss, which can result from physical damage to scalp through cuts, abrasions and burns. There are also scalp conditions such as infections and fungal or parasite invasion. On top of all this, of course, there is Male Pattern Baldness. There is no cure and it can strike men at almost any age without much warning.

Not much can be done about getting sick or being treated as a result. Cancer treatments usually result in Hair Loss or Baldness through the mechanism of body's defense system attacking indiscriminately to rid cancer cells, in which process causing collateral damage. Radiation therapy in some cases also can result in Hair Loss.

The receding hairline and hair loss at the crown of men are caused by the hair follicles at the hairline and on the top of the head programmed to cease growing. Male-pattern baldness is permanent. Women experience hair loss as they age but less than men and the loss is usually spread diffusely over the scalp. Estrogen hormones are known to help hair loss. Because women have more estrogen in their bodies than men they seem to be somewhat protected from genetic programming of hair loss. As estrogen levels start decreasing after menopause hair loss starts being a problem in women and is permanent.

How many hairs does an average scalp have and how fast do they grow?

On an average scalp approximately 125,000 hairs are found which grow at a rate of an inch (2.6cm.) every 6 weeks.

Why do we have different colour hair? Why do we turn gray?

The colour of the hair is hereditary and decided upon by pigment. The exception is gray hair which is the result of aging process and change in pigment cells. However there is no definite age to determine this process.

Why do men lose their hair and not women?

Contrary to this belief women lose hair as much as men. However the difference is in the way the loss of hair occurs. Women lose their hair all over; so it is not apparent until they get to a certain age and the scalp starts showing through almost all over. Men on the other hand lose their hair in a pattern and in the well-known areas. This is determined genetically and is programmed from birth into the hair roots that produce the hair. For that reason men rarely lose their hair above the neck and ears, and that is why the transplant surgeons use hair from this area, knowing that they will not fall out in the future.

Why do some never lose their hair?

This is genetically determined. As to the reason why some are chosen; no one really knows. All explanations are mere speculations.

Is there any lotion or drug that will vitalize hair?

One reality of hair is that it is "dead". Hair, once it leaves the scalp is dead tissue. There is nothing that can bring life into dead tissue. The best that can be expected from external chemicals or lotions may be likened to shoe polish restoring the lustre of dead leather. The health of the hair is within the scalp so is directly related to the general health of the individual and to a degree to the condition of the scalp.

Some drugs can pump more blood to the scalp and encourage some growth. The problem with these is that they have to be taken regularly. The other concern should be the side effects, both short and long term. The sad fact is that the hair that grows usually is hardly worth having, as it is very fine and fragile. Be cautioned as to the claims of manufacturers of these type of drugs; they are largely exaggerated and biased. The results will be vastly different for different individuals in any case.

Does washing hair too often harm it?

No. If your hair and scalp is healthy it can only do good by keeping dead skin and foreign materials off the scalp and even help dandruff. Washing once every two days is a good measure. But washing every day is quite common. More importantly do not leave hair soaking wet for long, especially after swimming in swimming pools.

Does drying hair with a hair dryer do any harm?

Having your settings on your hair dryer too hot can scorch the hair. Be gentle with your hair, remembering that it is dead and the damage you do is permanent until new hair grows. Leaving hair to dry naturally or in the sun can cause more damage to the hair.

Does wearing a wig harm the scalp or hair?

Not likely, if it is worn for short periods. Avoid wigs that are glued to the scalp. They would definitely do some harm in the way of irritation, lack of breathing of the scalp, excessive sweating and holding dead scaly skin entrapped on the scalp.

What about masking lotions?

Masking lotions are a form of shoe polish for scalp, remnants of theatrical make-up. They do not do much to enhance your existing fine hair, but cover up the shine of your bald spot. Little harm if any can eventuate from the use of these, but are not an effective way to get rid of bald spots or thinning hair.

How safe are hair transplants?

Hair transplants are much safer than they used to be a decade ago. However most transplant patients use hair thickening sprays to make their hair look full as transplanted hair is rather sparse and noticeable as such.

The cost can be very considerable for a hair transplant, considering the tens of thousands of hair that are required to give the full head of hair. Most men after spending many thousands of dollars still end up looking bald.

Is there anything one can do to promote hair growth?

Yes. There are number of things that can be done to promote a healthier scalp resulting in more hair growth, but this will not stop or reverse hair loss. By looking after your intake of vitamins and minerals and taking care of your scalp one can retard the balding or thinning process. Protein is necessary for healthy hair growth as keratin which makes up the hair is essentially made up of protein; so diets that avoid protein should not be practiced.

In general a healthy, balanced diet with moderate exercise, avoiding direct sunlight on the scalp, excessive sweat, dirt, chemicals and dandruff should help. One must also not start taking excessive protein in the hope of getting more hair as excess protein in the body can have severe health consequences as a result.

What about perms, curls, straightening, etc?

Any kind of forcing of hair in sharp angles repeatedly will cause the hair shaft to break eventually. Curling irons, hair straightening, in fact any fashionable molding of hair is a risky exercise that could cause hair to thin out. We are all born with a certain wave that is determined from the growth direction of the hair from the roots. Going against this form will put strain on hair shafts.

Can colouring hair do damage?

It can, but not necessarily. If harsh chemicals are employed, such as peroxides, frequently, then the damage will show itself one day. It is less likely to get hair damage from colouring, using off the shelf D.I.Y. products then in the salon where much stronger chemicals are used for longer lasting result. Some pre-packed hair colours may even be good for hair, coating the shafts and protecting it from the U.V. of the sun and other elements. When using any harsh chemicals it is important to avoid contact with the scalp to prevent irritation, which can result in real damage.

Does Minoxidil or Finustride really grow hair?

Yes and no. It depends on what one means by grow and hair; and more importantly, the degree and quality of this growth. Minoxidil is a peripheral vascular smooth muscle vasodilator that is claimed to stimulate hair for the sufferers of pattern baldness. The action of minoxidil treatment hair loss is not totally understood, and thought to be the result of potassium channels by the active metabolite, minoxidil sulfate, acting on hair follicles.

Minoxidil is approved by FDA for the treatment of hair loss. This should not be taken in the context of a baldness cure. Hair growth — if there is any — will stop if the application is discontinued, and most likely the grown hair will fall out. It generally requires topical application twice a day to be effective. There are side effects and the cost is considerable; so it is advised that it should be well studied before commitment to treatment.

Is it normal to shed hair every time one brushes?

Yes. This is quite natural and there is no reason to panic unless the hair comes off in chunks. Normal shedding is replaced by new hair.

Is massaging the scalp good for it?

Yes and no. If hair is repeatedly bent during massage it will break and cause premature hair loss; however done in gentle fashion, massage can promote circulation in the scalp resulting in more blood feeding the hair roots.

Alopecia

What is Alopecia?

Alopecia is simply a medical term that describes hair loss, or baldness, as well as the hair loss disease alopecia areata, which affects male and female, young or old. Androgenic alopecia or pattern baldness is the most common condition that mostly affects adult male of all ages.

The Types of Alopecia

There are several types of Hair Loss or Baldness (alopecia) in men and women which are listed below:

- **Pattern baldness (Androgenetic Alopecia):** Accounts for over 90% of all pattern hair loss in both men and women. It is the progressive and gradual loss of hair in certain areas of the scalp. Affects men from early twenties and in some cases earlier, but generally 40's are the worst period. After menopause Women can also be affected. The hair follicles in certain areas are thought to be affected by the hormone Dihydrotestosterone (DHT). These areas are commonly in the front and the top of the scalp. The rest of the hair follicles on the sides do not seem to get affected at all. Pattern baldness is hereditary, can be inherited from either parent and is due to atrophy (A decrease in size of an organ caused by disease or disuse) of hair follicles.
- **Patchy baldness (alopecia areata):** This condition presents itself as patchy areas of the scalp clearly defined. Can happen in both sexes. Large chunks can come off while brushing. The cause is believed to be nervous stress and mostly following infectious diseases such as pneumonia, influenza, typhoid. It can also follow operations and childbirth. Hair will, in most cases grow back, usually in white color first, regaining its natural colour gradually. Cortisone injections or pills can help to treat the condition, although new patches continue to occur. Minoxidil (5% Solution) is also used for treatment with some degree of success. Many Creams or ointments are available, but these should be looked at with a lot of skepticism.
- **Seborrheic alopecia:** Resulting in excessive dandruff and scales and excessive hair loss while brushing. Dandruff is not the cause of this disorder and is associated with excessive consumption of oily foods and vitamins primarily vitamin A.
- **Senile baldness (involitional alopecia):** This is the normal loss of hair around the crown and temples, both in men and women, as the age starts advancing. Men tend to suffer more often from this condition than women.
- **Toxic baldness:** This condition is due to certain toxic substances, chemicals and drugs taken into the system. Certain treatments for cancer or liver diseases – chemotherapy or radiation therapy, steroids – and oral contraceptives are main culprits. Industrial chemicals such as neoprene are known to cause this condition also.

- **Trichotillomania (Traction alopecia):** Caused from abuse by pulling or twisting of the hair resulting breaking of the hair shaft. Children are most affected because of their habit of playing with their hair. Certain hair dressing practices such as hair curling or straightening can also cause this condition.
- **Telogen Effluvium:** Caused by certain events in life that alter the hair growth and simultaneously force follicles start resting phase. This can result in a moult or major hair loss that can be quite traumatic. The condition can follow certain life-events such as stress, severe illnesses, some medications, surgery, childbirth, poor nutrition, discontinuation of contraceptives, haemorrhages. The condition may reverse in time leaving less dense hair in most cases.

Treatment of Alopecia

Roughly two percent of the entire population suffers from alopecia areata half of which resolve within the first year. Around ten percent become totally bald, and another one percent end up losing all their body hair as well, inclusive of eyelashes and eyebrows. The latter is referred to as Alopecia Universalis. Treatment of alopecia areata is practiced through many ways which include injections of triamcinolone acetate, Topical steroids, minoxidil, finestril and anthralin. In severe cases treatment such as topical immunotherapy or phototherapy may be employed. There are literally thousands of products out on the market that subtly claim that they will grow hair. These range from shampoos to ointments to vitamins to herbal concoctions. But logically and practically thinking, if there was a product out there that grew hair in majority of the cases, everyone soon would hear about it. Only two products (Minoxidil and Finestril) are approved by FDA in USA, that are considered to help grow hair and as such they can advertise that they do.

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